



# 'Walk or Run for Ruth' Disclaimer form

Full name:.....

Mobile number:.....

Email:.....

Full Address:.....

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In case of emergency name and contact number required:

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I would like to sign up to receive newsletters, invitations to Brighter Futures events and general communications from Brighter Futures

By registering for this event, you the participant understands and agrees that he/she participates in the event entirely at his/her own risk and that no responsibility whatsoever shall attach to any Event sponsors, Event organiser, or any person involved in the organisation of the Event for any injury, accidents, loss or damage suffered in, or by reason of, the Event, however such may be caused.

The Participant confirms that he/she is healthy and fit enough to complete in the Event. The Participant should be aware of the physically strenuous nature of this Event and the risks of participating, both medically and physically.

**Note: The Event Organiser will NOT be providing water, marshals or first aid points. We strongly advise you bring and supply you own water, basic first aid and wear appropriate clothing and footwear. U16's MUST be accompanied by Adult(s).**