



# KEYNOTE SPEAKER

## Tara Gretton

### **Name and role:**

Tara Gretton, Solution-Focused Practitioner and Founder of Solution Revolution

### **Professional background:**

Tara Gretton is a Social Work England-registered social worker, accredited solution-focused practitioner, coach, trainer, and consultant with extensive experience supporting children, young people, and families. She founded Solution Revolution and works internationally with organisations to embed strengths-based, relational practice across education, social care, and community settings, training practitioners and leaders to prioritise wellbeing and sustainable change.

### **Speakers Perspective on why early intervention matters:**

Early intervention matters because empowering families and communities with strength-based support at the earliest stage builds resilience, reduces risk before problems escalate, and improves long-term wellbeing for individuals and systems alike.