

STAY SAFE WITH BRIGHTER FUTURES

The safety and wellbeing of our clients, their families and our team is very important to us.

1. The most common symptoms of coronavirus (COVID-19) are recent onset of:
 - New continuous cough or
 - High temperature
2. These symptoms may be accompanied by one or more of the following:
 - Headaches
 - Tiredness
 - Muscle ache
 - Loss of smell and taste

If you or someone you live with is showing symptoms of the coronavirus, you and the rest of your household should go into household isolation.

Please do not attend Brighter Futures if you have the above symptoms

If you think you may have the virus, call the helpline on 01534 445566. Don't visit your GP surgery, pharmacy or hospital.

Hand washing will help prevent the spread of the virus. Therefore, please remember to wash your hands before you arrive at The Bridge and hand sanitation gel will be available for use on arrival.

Also, remember to cover your cough or sneeze with a tissue and then throw it in the bin and avoid touching your eyes, nose and mouth with unwashed hands.

Following the hand cleaning and social distancing process throughout the day should be sufficient to protect YOU but should you wish to wear a face covering, this would be welcomed.



**THANK
YOU
From
Brighter Futures Team**

