



Brighter Futures

# Are you struggling with parenting and life challenges? Do you need support? Brighter Futures supports families in Jersey who are facing significant difficulties or challenges in their lives.

We work alongside the main carer to support parent/child relationships, promote child development, positive mental health, wellbeing and second chance learning opportunities.

Every client at Brighter Futures is allocated a dedicated keyworker who will provide one to one support, co-producing a holistic package of support to meet their individual and family needs.

There are 3 strands to our approach:

- Parent- child relationships
- Wellbeing and mental health
- Second chance learning and personal development programmes.

These are free of charge and are repeated throughout the year.

Creche facilities are also available if required whilst parents/carers are attending the groups.

Brighter Futures is based at The Bridge and clients can self-refer or they can be referred by professionals who know them.

We are a local charity that works alongside the main carer helping them to identify the tools they need to cope, build resilience, achieve wellbeing and healthy relationships thereby creating a brighter future for their family.

***“Together we are creating Brighter Futures for families in Jersey”***

For more information please, just contact us.



## CONTACT US

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