



P A S T A P R I M A V E R A

Ingredients:

- 400g pasta
- Mixed bell peppers, courgettes, sliced
- 1 onion, finely chopped
- 2 cloves of garlic, minced
- Olive oil
- Grated Parmesan cheese
- Salt and pepper to taste

Instructions:

1. **Cook Pasta:** Boil pasta according to package instructions until al dente. Drain and set aside.
2. **Cook Vegetables:** In a pan, heat olive oil. Sauté onion, garlic, and sliced vegetables until tender.
3. **Combine:** Mix the cooked vegetables with pasta. Add salt and pepper to taste.
4. **Serve:** Serve with a sprinkle of Parmesan cheese on top.